



weekly in port by the USS Enterprise (CVN 65) Media Department, FPO AE 09543-2810. This newspaper is an authorized publication for members of the Department of Defense. Contents are not neces sarily the official views of the U.S. Government. The Bia E Shuttle reserves the right to edit submissions. Direct inputs and comments to MC1(SW/AW) Barry Abbott at Abbottbd@cvn65.navy.mil.

> Commanding Officer Capt. O.P. Honors Jr. Executive Officer Capt. Rvan Scholl Command Master Chief CMDCM(AW/SW) Dominic A. Musso Public Affairs Officer Lt. Cmdr. Ohene Gyapong Leading Chief Petty Officer MCCS(SW/AW) Roberto R. Cerda Shuttle Editor

MC3 Michael L. Croft Photo Editor MC2(EXW) Stacy D. Laseter Layout & Design

MC3 Robert Guerra

### Education Points for Advancement Exams

Education points for advancement exams do not appear on worksheets. These points are not award points. As long as the degree is in the member's SMART Transcript, they will receive credit for the degree. It is two points for an accredited associate's degree and four points for an accredited baccalaureate degree. The original transcripts must be mailed from the school to the (new) Virtual Education Center, no later than the first of the month in which the advancement exam occurs. These can not be hand-carried. The mailing address is: Commanding Officer **Center for Personal and Professional Development** 

**Attn: Virtual Education Center** 1905 Regulus Avenue, Ste 234 Virginia Beach, VA 23461-2009



August 29

Live Music & Ice Cream Social on the aft mess decks at 8:30 p.m.

## August 30

Texas Hold-em on the aft mess decks at 8:30 p.m.

## August 31

Talent Show Tryouts at 8:30 p.m. Sign up at the MWR ticket window

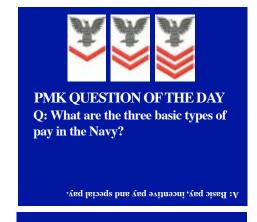
## **Underway Channels**

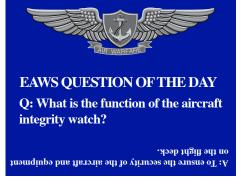
Training/Informational Scroll 31 History SITE TV-Drama/Suspense/Thriller 32 USA 33 FX SITE TV-Comedy / Romance **34 TNT** 8 SITE TV-Action / Adventure 35 A&E 12 ILARTS (PLAT) **16** GBS 36 AMC 37 TLC 22 Fox News 38 IFC 23 Headline News 24 Military 39 SYFY **40 BIO** 25 NFL 41 E! 26 National Geographic 27 MTV 42 ABC East 43 NBC East 28 ESPN 29 VH1 44 CBS East 30 SPIKE 45 FOX East

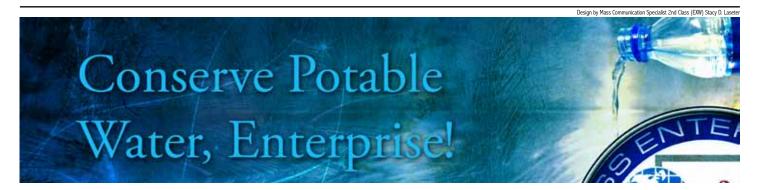
In order to accommodate all watch schedules, SITE TV will play movies from 9 a.m. until 7 p.m. and then repeat the schedule from 7 p.m. to 5 a.m.

**PROFESSIONAL MILITARY** KNOWLEDGE (PMK) TRAINING We are here to help you prepare for your September advancement exam. PMK training sessions are conducted Monday - Friday at 1 p.m. on the forward mess decks until Sept. 12. When events or drills conflict with the training session, the training will be rescheduled for 7 p.m. that same day. For questions or concerns, please contact ET1 Schwartz or PS1 C. Brown via e-mail or J-6560/J-7095.

Nightly ESWS training will be held in the foc'sle, Monday -Friday at 6 p.m. Boards will be held on Fridays in lieu of training as necessary.







# Navy tightens E-5 eval recommendations

### **From Navy Personnel Command Public Affairs**

MILLINGTON, Tenn. (NNS) -- In an effort to more clearly define top-performing Sailors, the Navy is revising the E-5 periodic evaluations beginning March 15, 2011, with a mandatory "ranking" requirement.

According to NAVADMIN 286/10, the E-5 force distribution rules are being changed so that the total number of "early promote" and "must promote" recommendations cannot exceed 60 percent, and "Must Promote" recommendations can be increased by one for every unused "early promote" quota.

Previously, raters were not limited in how many "must promote" recommendations they were able to give, but "early promote" recommendations have been set and remain at 20 percent.

As the Navy continues centering its attention on performance, it is more important than ever for Sailors to ensure their records are up-to-date and accurate. The Electronic Service Record can be viewed at https://nspics.nmci.navy.mil and Official Military Personnel Files are available on BUPERS Online https://www.bol.navy.mil.

An updated release of the NAV-FIT98A software is planned for January 2011 to incorporate the policy change. The software was modified earlier this year to incorporate changes regarding the documentation of Physical Fitness Assessments and Individual Augmentee assignments.

For more information, visit www.npc.navy.mil/CareerInfo/PerformanceEvaluation/FAQ.htm.

For more news from Navy Personnel Command, visit www.navy.mil/local/npc/.

# New law extends 75-day leave carry over From Navy Personnel Command Public Affairs

MILLINGTON, Tenn. (NNS) -- A 2008 law that increased annual leave carry over from 60 days to 75 days has been extended to 2013.

The 2010 National Defense Authorization Act passed by Congress and signed by President Barack Obama in October 2009, extended the planned December 2010 expiration of the 75-day leave carry over benefit, until Sept. 30, 2013. Afterward, leave carryover eligibility will be reset to 60 days.

"While this extension was effective in October 2009, and policy documents

were updated to reflect this change, it appears that many Sailors had not received this information. The release of NAVADMIN 281/10 ensures maximum distribution to the fleet," said Lt. Brandi McGehee, Navy military pay and compensation policy, assistant pay and allowances officer.

Special Leave Accrual (SLA) retention limits for SLA earned between Oct. 1, 2008, to Sept. 30, 2013, for service members assigned to hostile fire or imminent danger areas, certain deployable ships, mobile units, or other duty, were

also extended to four fiscal years from the previous three-fiscal-year limit.

These leave carryover changes are now reflected in the MILPERSMAN articles that apply (1050-010, 1050-060 and 1050-070).

For more information, visit the Navy Personnel Command website at www. npc.navy.mil and read the message or contact your servicing Personnel Support Detachment.

For more news from Navy Personnel Command, visit www.navy.mil/local/



Photo by Mass Communication Specialist Seaman Apprentice Jared M. King

## Up, up and away

An F/A-18C Hornet assigned to the "Thunderbolts" of Marine Strike Fighter Squadron (VMFA) 251 launches from catapult 1 on the flight deck of the aircraft carrier USS Enterprise (CVN 65).

Page 4 The S

# Barbershop: Recpers of











the blade

A photo story by MC3 Jeffry A. Willadsen Enterprise Public Affairs





Sailors conduct a foreign object debris (FOD) walk-down on the flight deck of the aircraft carrier USS Enterprise (CVN 65) as the ship operates in the Atlantic Ocean.

## By MCSA Jared M. King **Enterprise Public Affairs**

USS ENTERPRISE, At sea. - The crew of the aircraft carrier USS Enterprise (CVN 65) is hard at work trying to prevent foreign object damage to aircraft during its current underway period, Aug 28.

Twice daily, all hands are invited to participate in a foreign object debris (FOD) walk-down, in order to clear the hangar bay and flight deck of any hazardous material.

Frequently found items include washers, nuts, pens, keys, change, lighters and other things personnel carry in their pockets or on their uniforms.

FOD is most commonly introduced to the flight deck and hangar bay by Sailors who accidently have something in their pocket that falls out, loose or damaged equipment and non-skid chunks produced from the natural erosion caused by flight deck operations.

"Carelessness plays only a small factor. FOD is mainly caused from equipment and normal wear and tear," said Aviation Boatswain's Mate (Handling) 1st Class (AW/SW) Netrick B. Hayes, Air department's V-1 division leading petty officer.

Keeping the flight deck and hangar bay FOD free is a top priority before beginning any flight operations.

"FOD can cause millions of dollars in damage throughout the life of an aircraft," said Aviation Boatswain's Mate (Handling) 1st Class (AW/SW) Mark Torres, Air department's V-1 division assistant leading petty officer. "Whether it's a piece of metal flying into the intake of an engine or an aircraft slipping on liquid FOD, it causes more than just monetary damage, it also contributes to the loss of productivity and [can] cause serious injuries."

The aircraft's intake has the possibility of turning FOD into a projectile injuring personnel on the flight deck in the form of lacerations to the face or even more serious injury.

"It is preached and enforced to remove loose articles, or 'de-FOD' yourself, prior to coming on the flight deck," said Torres.

The engine of an F/A-18C Hornet costs around \$1.5 million to replace if damaged by FOD. The F/A-18F Super Hornet engine costs \$3.5 million to replace. A Sailor's life is irreplaceable.

The Enterprise crew continues its effort to reduce FOD in order to achieve mission readiness. By adhering to this key element of procedural compliance, hangar bay and flight deck personnel are helping to prevent aircraft damage and FOD-related injuries.

Enterprise is conducting work-ups and flight deck operations in preparation for its upcoming deployment. For more information about USS Enterprise, Carrier Strike Group 12 or Carrier Air Wing One visit www. Enterprise.navy.mil, www.ccsg12.surfor.navy.mil, and www.cvw1.navy.mil. You can also visit www.news. navy.mil/local/cvn65.

## SAILOR & MARINE OF THE DAY



## Lance Corporal Jeffrey J. Hopkins

Q: Why did you join the Marine Corps?

A: "I joined because I wanted the challenge of being the best."

Q: What is the most rewarding aspect of your job?

A: "The most rewarding aspect is being able to fix an aircraft."

Q: What do you do in your spare time?

A: "I like to spend my time downloading music."

## Personnel Specialist Seaman Manuel V. Gonzalez

Q: Why did you join the Navy?

A: "To be a better person and to get an education."

Q: What is the most rewarding aspect of your job?

A: "The ability to help others to educate themselves."

Q: What do you do in your spare time?

A: "I play basketball, hang out with friends and spend time in prayer."



From The date has been circled on my calendar for weeks now. Oct. 2, 2010.

Two of my really good friends have birthdays in October. However, those dates are not circled.

Oct. 2 stands alone, a single day enclosed in black ink. To many, it's a day of little importance. For me this particular Saturday holds the potential to alter my mood, my state of mind, even my entire attitude toward life for weeks and months, at least until next October.

On that day, my beloved alma mater, the University of Oklahoma Sooners will take the field in Dallas against the Texas Longhorns. Those who don't have a college team that they root for passionately can never understand how a single game, against your rival, can impact your mood so much.

OU/Texas, Texas/OU, "Red River Rivalry," call it what you want. It's not just a game, it's THE game. It's what makes or breaks an entire season. It's a rivalry that goes beyond sports. The emotion in Dallas that Saturday transcends college athletics. It goes beyond

By MC2 (SW) James H. Green **Enterprise Public Affairs** 

the

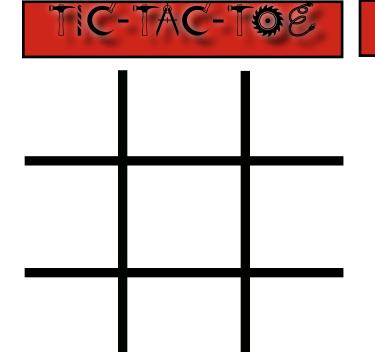
the players on the field or the numbers on the scoreboard. It's beyond the entire stadium split down the middle with fans covered in crimson and burnt orange. It's a no-holds barred, knock-down, drag-out fight.

I've often wondered what causes me to loathe the University of Texas so much. Is it just a matter of simple geography? Could it be the simple fact that I was born north of the Red River that causes me to cringe at the site of a longhorn, to despise any and all things to do with TU and to become almost physically ill at the sound of Texas head coach Mack Brown's voice? Maybe it's something deeper, some force of nature within my genes that changes me from a sane individual to a raving lunatic. The same thing that causes a Buckeye to hate a Wolverine, the same that makes an Ala-

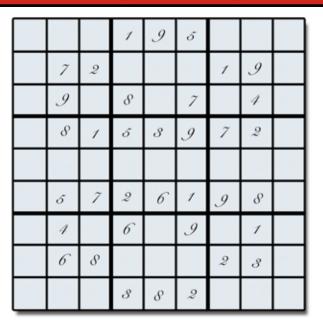
bama fan burn with anger at the mention of Auburn. It's what creates the passion that causes a 40-year-old man to wear a jersey that salutes an 18-year old college kid, and on the front of the jersey a school name that he never attended. It's what makes a man scream with joy when a tailback breaks loose for a 40yard gain. It's what causes the same man to throw his bowl of pretzels at the television when the same tailback fumbles on the next play. It's Navy against Army, Stanford against Yale, Florida against Florida State, Southern Cal against UCLA and Notre Dame against well... everyone.

With no playoff system in NCAA Division I football, one loss could potentially knock a team out of contention for a national title. Yet a lot of fans will gladly watch their team lose every game, every year as long as they come away with a victory against a rival.

(To submit your own sports thoughts and opinions to the editors of The Shuttle, e-mail MC2 (SW) Green at greenjh@cvn65.navy.mil)



# SUDORU



# CROSSWORD PUZZLE

1	2	3		1		4	5	6		7	8	9
10	77		11		12		1	791		13	-	
14			$\vdash$	15				16.	16			
6			17				18				A.	
	19	20			7			21		22	23	
24					25	26	27			28		29
30				31						32		$^{\dagger}$
33				34					35			
	36		37			75.0		38		t		
		39		40	13	41					Ø	
42	43	44		T		45				46	47	48
49			0	50					51			
52				53				1		54	+	+

Across

1. " Only Love" 4. DEG. in business

7. Society gal

10. "Shrek" star Cameron

12. Handle

13. Born as

14. Heavenly dessert? (3 wds.) 52. Shoe front

17. Eden \_

18. Bring to court

19. Air problem

21. Corn spikes

24. Not that

25. Elevate

28. Select

30. Go on a pension (abbr.)

31. Treats for the dog

32. Fisherman's need

34. Erie, e.g.

35. Christmas trees

Down

1. Boise's state (abbr.)

Sardine holder

3. Wither

4. Trio after L

5. Bronx cheers

6. Seizes

Heredity initials

Scared one's shout

9. Seinfeld's "\_\_\_ Movie"

11. Ciphers

12. Col. Sander's outfit

15. Nautical diary

16. Company exec (abbr.)

19. Clip

20. Actress Gaynor

22. Russia's Yeltsin

23. Athletic game

36. Puerto\_

38. Basis

39. Stop

41. "The Raven" poet

42. June speech giver

49. Large primate

50. Retirement accounts (abbr.)

53. Predictor's claim (abbr.) 54. Forget-me-\_\_

24. Make an attempt

25. Mauna\_

26. Pen filler

27. Stipend

29. Football coups (abbr.)

31. Dagwood's wife

35. Blazing

37. So-so grade

38. Muck

40. SSW and ENE, e.g.

41. Liquid measures (abbr.)

42. Factory tub

43. GI's address (abbr.)

44. Actress Grant

45. Tooth cover

46. Charged atom

47. Much confusion

48. Singer "King" Cole